

NATUR



IDEO IN COLLABORATION WITH BIOMIMICRY 3.8

ARDS



DESIGN  
FOR  
LIFE

# DESIGN FOR LIFE

Nature offers countless examples of evolutionary strategies at work fostering conditions conducive to life.

These cards are intended to reveal a few of these often hidden events that we have found relevant to design challenges. We hope you too will find inspiration for your project.

## **ADAPTATION**

*Design for Change*

Selective Pressures  
Slippery Genes  
Dispersal or Devotion  
Active Form



## **ENDURANCE**

*Design for Uncertainty*

Efficiency or Resilience  
Ecological Succession  
Dynamic Structure  
Living Layers



## **RELATIONSHIPS**

*Design for Systems*

Keystone Species  
Mutualism  
Autogenic Engineer  
Allogenic Engineer  
Surge Strategy

## **COMMUNICATION**

*Design for Emergence*

Simple Rules  
Emergent Networks  
Contextual Signals  
Passive Indicators

## GETTING STARTED

There's no prescription, but here are a couple of things you might try.

Think about your design challenge.

Is it related to Communication?

Environment? Service? Organization?

Packaging? Manufacturing? Technology

Integration? Review the 4 categories for

the most intuitive connections.

Adaptation could be a good place to start

for a manufacturing project that faces a

dynamic environment. For organization

design, perhaps start with Relationships

or Communication.

Or deal the cards to your team and have

each person browse them with

the challenge in mind. Some will pique

your interest in a new topic, inspire you

to delve deeper, or spur an idea.

They might even stir you to get out of

your project space to experience nature!

# RELATIONSHIPS

Design *for* Systems



Every system—ecological and otherwise—is defined by the relationships that go on inside it. Nothing does anything that doesn't affect everything.



*Create conditions  
that allow others  
to thrive...*



# Autogenic Engineer

Some organisms dramatically alter their own shape over time, creating a more diverse habitat and opportunities for a greater diversity of species.

As trees grow, their trunks and branches create habitats for many other living things. In the rainforest there are species that live and move exclusively within the canopy provided by trees, living on insects, fruits, and seeds from the trees and from epiphytes growing within their branches.

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## YOU MIGHT ASK

What opportunities exist for us within the structure of other places or organizations?

As we grow and develop, might the changing conditions allow for new behaviors or new populations to thrive?

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## DIVERSIFIED HABITAT

To connect better with 18 to 35-year-olds, a long-established insurance company created a non-traditional environment—a café serving cappuccinos alongside free life coaching and financial advice.



*Create a change  
that increases  
opportunities...*



# Allogenic Engineer

Some organisms transform materials or flows in a system, creating a diversity of opportunities for species to engage.

Beavers are archetypal allogenic ecosystem engineers. They disrupt the environment by cutting areas of woodland and damming streams. The region of the dam transformed by the beaver provides a suitable habitat for different species of plants, fish, and other creatures to thrive.

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## YOU MIGHT ASK

Are we part of a habitat that could benefit from disruption?

How might we slow down or speed up flows to allow new opportunities?

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## DIVERSIFIED HABITAT

IDEO often introduces design thinking to organizations, transforming their innovation process and allowing new ideas to thrive in this altered habitat.



*Change a system  
with one key  
element...*



# Keystone Species

Some species play a disproportionately critical role in maintaining the structure of an ecological community.

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Sea otters keep sea urchin numbers in balance, allowing kelp beds to thrive.

Without sea otters, sea urchin populations grow very quickly and eat up entire kelp beds, displacing the many fish species that spawn there.

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## YOU MIGHT ASK

Are there keystones—people, places, or things—in our systems?

What might we do to augment their effect?

How do they stabilize other elements in the system?

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## COMMUNITY CATALYSTS

The US Green Building Council structured communication in its chapter organization around “keystone experts” who invite participation, foster relationships, and share content across the organization.



*Turn competitive  
relationships  
into a benefit...*



# Mutualism

Competitive relationships in nature tend not to last.

Mutually beneficial relationships between species, on the other hand, tend to endure, fostering a more stable and sustainable system.

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Mistletoe is defined as a parasite because it lives on the juniper tree and would perish without it. But over time, a juniper afflicted with mistletoe attracts significantly more seed-eating birds, promoting wider seed dispersal and propagating the juniper's offspring.

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## YOU MIGHT ASK

Can we identify mutual benefits in an apparently competitive situation?

Will any useful by-products emerge from our design?

Might a short-term relationship become longer-term?

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## SYMBIOTIC PRODUCTION

The plastic for Stonyfield's yogurt cups is developed by Preserve, who, after use, recovers the cups to create toothbrushes and other products from a predictable supply of high-grade recycled material.



*Disrupt a competitive  
balance in your  
favor...*

RELATIONSHIPS



# Surge Strategy

Some preyed-upon organisms have evolved strategies for overcoming predators by producing an oversupply of offspring, making it impossible for predators to eat them all.

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Every dozen or so years, oak trees produce an acorn surge, called a "mast." Squirrels and other predators are able to consume only so many, leaving plenty to germinate. In the following year the oaks produce few or no acorns, causing the predator population to drop.

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## YOU MIGHT ASK

How might overabundance or scarcity affect us?

Could we design to create a surge, and what impact might that have?

What effect would timing have for a surge cycle?

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### CYCLIC AVAILABILITY

The sneaker industry periodically offers limited-quantity re-issues of popular models from years prior. "Sneakerheads" clamor to buy a pair or two to add to collections or re-sell in the aftermarket for profit.



# ADAPTATION

Design *for* Change



Life exists in a dynamic world.

The most successful organisms are able to adapt to assorted forces and evolve over time.

The processes, strategies, and mechanisms may differ from one species to the next. But the goal is to survive and thrive.



*Enable changes  
that better fit a  
context...*



ADAPTATION



# Selective Pressures

Factors such as food supply and climate contribute to natural selection, with species adapting to shifts over generations to better fit a dynamic environment.

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Darwin observed that several different species of finches evolved from a single ancestor, each with a distinctive beak shape and size suited to a particular food type that was available on the Galapagos Islands.

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## YOU MIGHT ASK

What are the selective pressures on our product, organization, or process?

What is its niche?

How might our solution “fit” or adapt to other contexts?

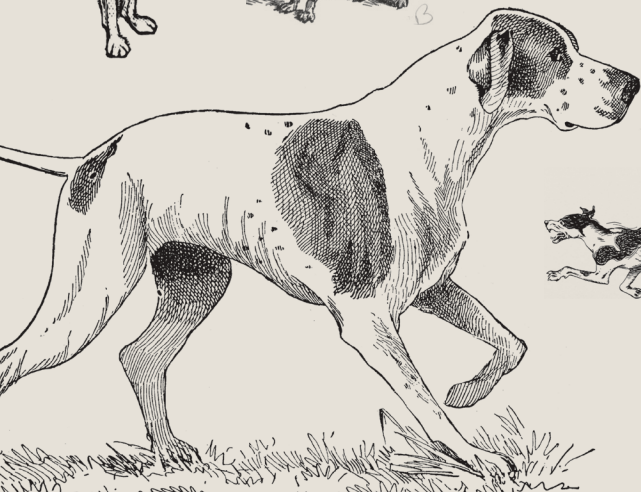
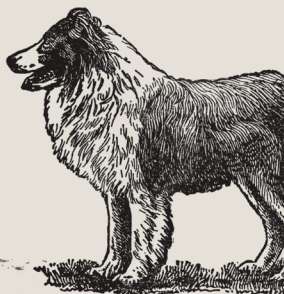
..... 

### DISTINCTLY DIFFERENT

In stark contrast to OXO's successful iconic black-handled Good Grips, swiss kitchen gadget-maker Zyliss launched its new line in the USA with glossy white handles, each uniquely shaped for the task at hand.

*Express your  
essence in diverse  
ways...*

ADAPTATION



# Slippery Genes

A species' genome is referred to as "slippery" when specific DNA sequences for traits are copied with low fidelity, resulting in large physical differences between individuals.

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Dogs are a species with a "slippery genome," which explains how a vast range of physical traits can vary over the brief period of their domestication, yet still at heart be a dog. Within a few generations, it's possible to select for entirely new specialized breeds, such as the Sulimov dog for detecting explosives.

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## YOU MIGHT ASK

How slippery is the DNA of your brand?

How flexible is its expression for future conditions?

How might your design principles support variation in expression?

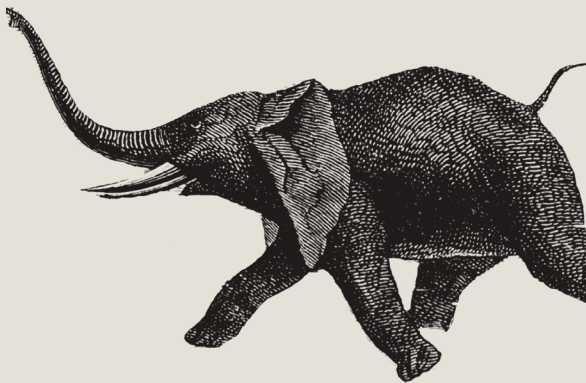
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### BRAND FLEXIBILITY

Converse's retail design strategy was based on its brand as a platform for creative expression. For each US store, employees, customers, and local artists contributed to a unique, local character that varied yet maintained brand identity.

*Invest strategically  
based on context...*

ADAPTATION



# Dispersal or Devotion

Organisms can span reproductive strategies. r-type organisms produce large quantities of young, usually in conditions that change unpredictably. K-type organisms produce few offspring, usually in more stable conditions.

Sea turtles are typical r-type organisms, they lay hundreds of eggs that give rise to tiny turtles, many of which don't survive. Elephants, in contrast, gestate nearly 2 years for a single calf that matures slowly and suckles its mother's milk for several more years.

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## YOU MIGHT ASK

Do current conditions suggest we disperse a large number of options, or commit to one well-tended idea?

What level of commitment will be required of our design?

How might our design fend for itself?

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## DISTRIBUTED CHOICE

The US Green Building Council redesigned their top-down system for defining yearly initiatives. Now they select from a massive number and allow local priorities and promising ideas to reveal themselves.





*Address multiple  
functions with  
one solution...*

ADAPTATION



# Active Form

Forms in nature evolve and improve their functionality. The continued development helps in performing multiple tasks, and over time it makes an organism better suited to its natural habitat.

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The shape of the kingfisher's beak has been honed to catch fish.

As it dives from the air at speeds up to 25 mph, the unique profile of its beak breaks the water surface and distributes the pressure waves away from the front so it can grasp the fish.

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## YOU MIGHT ASK

How might we achieve double duty (or more) with a design feature?

How might our design be responsive to the needs placed upon it?

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## MULTIFUNCTIONAL FORM

The Zyliss kitchen whisk has identical wires, each looped separately without crossing at the top. This helps cleaning, whisking, and manufacturing, as there is no need to nest or assemble different loop lengths.

# ENDURANCE

Design *for* Uncertainty



Over time, biological processes, mechanisms, and strategies have emerged that enable organisms and ecosystems to cope with unexpected changes. They have evolved to endure.



*Choose whether  
to be efficient or  
resilient...*



# Efficiency or Resilience

A system is efficient if it uses minimum energy to accomplish a task. It is resilient if it uses redundancy, diversity, and decentralization to perpetuate itself.

.....

A native prairie is resilient: its diverse grasses hydrate the soil at different levels, sustaining it through unpredictable conditions. The Yucca moth and the Yucca tree have an efficient relationship. The tree provides habitat for the moth, while the moth pollinates the tree. Without one, the other will die.

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## YOU MIGHT ASK

Are we in a stable or unpredictable condition?

Might our system benefit from decentralization, diversity, and redundancy to increase resilience?

.....

### FLEXIBLE STRATEGY

A beverage company, anticipating a need to cope with undependable material sources and fickle markets, creates a network of supplier relationships, reducing efficiency but increasing resiliency.



*Decide whether to  
collaborate or go  
it alone...*



# Ecological Succession

Following disruption, one type of habitat is steadily replaced by another.

Healthy ecosystems often go through cycles of destruction and re-colonization.

.....

Soon after a woodland fire, "pioneer" species begin to appear.

Quick-growing grasses and small plants that absorb the freely available nutrients appear at first. But soon, networks of species that cycle nutrients with each other will grow, which can last hundreds or thousands of years.

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## YOU MIGHT ASK

Might changes in the landscape be an opportunity to seed new behaviors or new offers?

How might our launch affect the current ecosystem?

Are we an early-phase grass or later-stage species?

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## RENEWED RELEVANCE

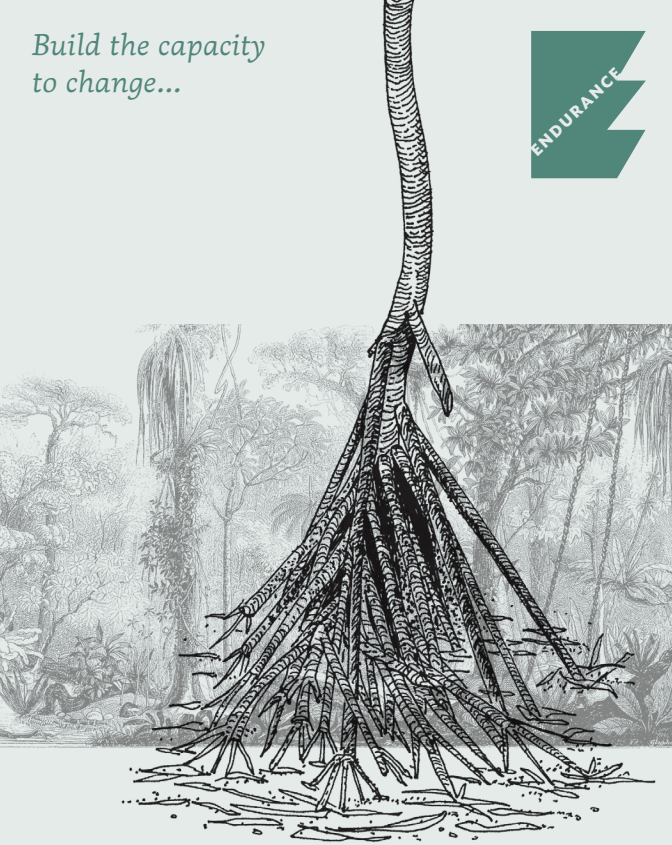
As e-commerce and e-readers threaten most local bookstores, one in Cambridge is actually growing its business by printing books on-demand, events, and services that engage customers in new ways.





*Build the capacity  
to change...*

ENDURANCE



# Dynamic Structure

Nature's forms are able to react, respond, and adapt to local conditions while retaining their strength and integrity.

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The "walking" palm in Latin America, *Socratea exorrhiza*, is able to gradually move from shade toward a sunlit spot by growing new stilt roots in that direction and letting older roots die off.

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## YOU MIGHT ASK

How might our structure adapt to changing conditions?

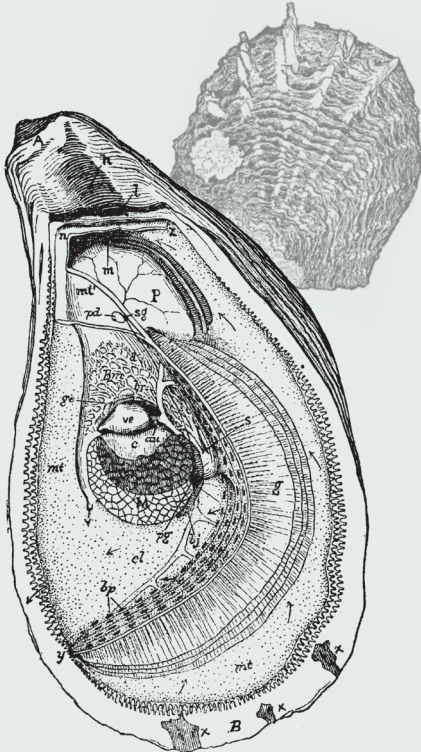
Might we simultaneously stay rooted and move?

..... 

### AGILE EATS

Food trucks with Twitter accounts allow new epicurean entrepreneurs to succeed in competitive urban markets. Mobile kitchens keep overhead low and readily adapt to local patterns of demand.

*Distribute failure  
and encourage  
growth...*



# Living Layers

Natural structures often grow or assemble as layers that together provide higher performance than they would alone.

.....

The oyster shell grows as nacre exudes from a thin tissue mantle on the soft body. Inside the shell, the oyster entombs parasites and debris in smooth iridescent layers of new nacre. Outside, the shell is typically rough, conforming to the surface it grew on.

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## YOU MIGHT ASK

Might layering enhance performance?

Might we design from the inside out?

How might our product protect itself?

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## ELEGANT DELIVERY

Foil pouches for tea bags typically open with a messy tear strip. To provide a more graceful revelation, designers explored self-contained layered structures and color on the pouch interior.



# COMMUNICATION

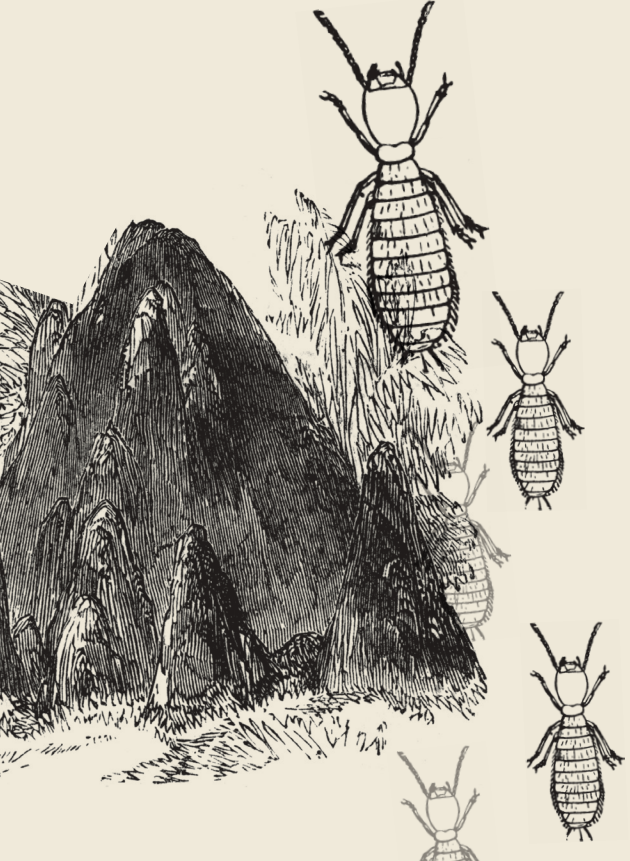
Design *for* Emergence



In nature, good communications are those strategies that allow responsive behaviors to emerge.



Create and  
collaborate  
without a  
blueprint...



# Simple Rules

Simple rules allow coordinated action, or “swarm intelligence,” to emerge from a community of individuals.

The group self-organizes without top-down control.

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Termites are able to build large complex structures in a coordinated way by following a few simple rules:

1. Sense high CO<sup>2</sup> level, pick up a grain of sand.
2. Walk around.
3. Sense low CO<sup>2</sup>, glue it down.

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## YOU MIGHT ASK

Are there “simple rules” that could make this community smarter, more coordinated, or more effective at communication?

How might we harness “swarm intelligence”?

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## CONNECTED COMMUNITY

Simple rules connected volunteers in a networked community. Members shared information with two assigned “buddies” in other cities, creating an emergent communication system that spanned the nation.



Create effective  
networks...



# Emergent Networks

Nature's systems for distributing matter or information develop over time in response to circumstance, rather than a pre-ordained plan.

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The single-cell slime mold *Physarum polycephalum* grows as a mesh in search of nutrients. Over time, it refines a network of tubes to deliver nutrition to its cell body in the most direct way. For example, if food is placed around the mold in the pattern of the cities on a map, its growth will match the map of an optimized rail system.

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## YOU MIGHT ASK

What tools might we use to create more optimized systems?

How might we design effective channels of communication or distribution that adapt and reinforce themselves?

..... 

### OPTIMIZED ROUTING

Toronto-based Regen Energy uses distributed feedback to manage energy networks for systems such as heating and ventilation in large buildings, successfully reducing peak electrical demand.

*Create a rapid  
response  
to dynamic  
situations...*



# Contextual Signals

In daily life, organisms tend to communicate and guide behavior through simple signals that derive meaning through context.

Meerkat sentries guard their group using alarm calls to indicate predator type and urgency. Others in the group then take appropriate action, heading into nearby burrows for aerial attacks or climbing trees to avoid snakes.

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## YOU MIGHT ASK

What simple signals might we use to trigger specific behaviors?

What is most relevant to know in this context?

What sensory modes might be most effective?

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## MEANINGFUL TRIGGER

Every evening at dusk, residents of a Japanese elder community place a small white flag on their porch. If someone notices a missing flag, a staff member will investigate to ensure everything is okay.



*Link actions to  
communication...*



# Passive Indicators

Information can often be inferred directly from the appearance of an organism.

Flamingos feed on brine shrimp that inhabit their salty lake habitat. Beta carotene in the shrimp results in pink feathers. In the wild, vibrantly pink flamingos signal healthy diet and abundant supply of shrimp; with no shrimp, the flamingos pale.

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## YOU MIGHT ASK

How might system status or health be communicated automatically?

What are the “brine shrimp” in our system?

Are there any passive indicators in our system?

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## PRIORITY GAUGE



For a patient awaiting emergency medical attention, it's helpful to know who might be next in line. At one facility, patients sit in a color-coded section designating their medical urgency and priority in the system.



NATURE

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CARDS DESIGN FOR LIFE



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